

## MyBodeeScan : How to Dress

Most men scan in bare chest and compression underwear short pants / athletic base layer / brief or tight boxer

Most women wear a compression top (sports bra and/or athletic tank top) and compression bottom (shorts, capris or full length pants) or panties

### Why dress this way?

The goal is to allow the scanner to get your exact measurements. More clothes mean more inches.

### TIPS:

- If you still do not know what to wear for the scan, contact me prior to your appointment.
- You will be in the room along so undress to your comfort. FULLY UN-DRESSED IS PROHIBITED.
- Step on the scanner and follow the directions. DO NOT MOVE when scanner starts.
- When the scanner stops, step off, get dress and then open the door.
- Only you and the scanner technician will see your immediate results. We do not share your scan with any person or entity.

If you have any other questions/concerns, let us know.  
Eager to let you Visualize Fitness in 3D

MyBodeeScan  
469 831 3147

				
Men briefs	Men compression	Woman compression	Woman top	Woman top